

# South Coast Cycling

Summer Program Newsletter

12 December 2008



Club email

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Web page

[southcoastcycling.org.au](http://southcoastcycling.org.au)

Face book

[www.facebook.com/group.php?gid=19152478395](http://www.facebook.com/group.php?gid=19152478395)

## South Coast Cycling's Edwardstown Christmas Pageant on Wheels 19 December



Join in the Christmas celebration and come along dressed in the Christmas Theme and riders remember to decorate your bike. Prizes for best dressed junior / senior cyclist & spectator



## Bicycle Express Series

*Presentation*



**19 December @ the conclusion of the  
Xmas Cup on Wheels in the  
Edwardstown Football Club Rooms  
Everyone welcome**



**Join South Coast Cycling  
To give a Christmas present to the  
Carer's of Malawi.**

### **Bicycle ambulance - \$296**

In Malawi, there are no flashing lights and sirens when these Bicycle Ambulances transport the sick, but that doesn't make them any less effective. As a mode of transport, they're effective, practical and with your help, cheap to get on the road! Help get behind these carers as they pedal their way to save the day.

### **How does this gift help?**

A bicycle ambulance for the Blantyre District Health office will safely transport expectant mothers and chronically ill patients to the nearest health centre. "By making it possible for many people to access district health services earlier and more easily, [bicycle ambulances] contribute to improved quality of life both for those who need treatment and the volunteer carers who get them there." Bridgette Thorold, Southern Africa Program Coordinator, Oxfam Australia.

**Please Place your donations into  
the Tin at the BBQ  
or see Catherine /Ken**



# Bicycle Express Series

Aimee	Alsbury	23	Gemma	Kernich	96
David	Miller	96	Tim	McEvoy	79
Chris	Spence	109	Ian	Pedler	53
Michael	Young	112	David	Schutz	20
James	Goldsmith	31	Luke	Retros	26
Julian	Blackwell	28	Dallas	Zimmer	61
Nigel	Knowles	92	Andrew	Giles	53
Lee	Stevens	20	Carly	Light	101
David	Peacock	21	Robert	Riebolge	43
Vicki / Felicity	Birks / Johnson	20	Tony	Brennand	97
Alan	Hincks	92	David	Knight	73
Paul	King	46	Mark	Gregory	98
Rob	Laing	81	Stu	Clement	69
Kira	Mason	27	Alana	Hannsbergan	20
Grant	Moffitt	119	Anthony	Braithwaite	101
Jeremy	Smith	51	Alex	Bates	102
Michael	Ward	55	Renee	Braithwaite	72
Stephen	Haldun	30	Peter	Szegedi	117
Bryan	McIntyre	79	Robyn	Vast	68
David	Slater	61	Heath	Pillen	77
Peter	Lechelt	26	Steve	Buchanam	54
Richard	Morton	49	Liz	Jones	40
Andrew	Grant	45	Allan	Yuill	82
Aaron	Draxler	104	Patrick	Page	27
Ian	Fromentin	63	John	Lockwood	80
Kain	Gardner	57	Felicity	Laing	47
Jason	Moore	20			

Kyle	Franson	105	James	Buchanam	85
Ben	Grant	63	Nikki	Boyle	24
Alex	King	73	Kai	Giles	130
Fraser	Northey	93	Bonnie	Grant	26
Thomas	Morton	60	Joe	Higgison	116
Robert	McCarthy	57	James	Higgison	97
Alex	Edmondson	32	Griff	Knight	73
Carla	Franson	110	Peter	Pedler	102
Samantha	Fromentin	119	Bradley	Ward	117
Scott	Hallandal	87	Lachie	Buchanam	73
Chis	Holmes	126	Che	Thomas	82
Sam	Richardson	119	Tessa	Manning	125
Jeane	Park	32	Matthew	Holmes	68

## SA Cycling Coming Events -December

- 13 Central District Track Night
  - 14 Rendition Homes Team Series Rd6 + Graded Criteriums
  - 15 PACC Cyclesportif
  - 16 Summer Track Adelaide Superdrome
  - 19 South Coast Cycling's Xmas Cup on Wheels + Bicycle Express Series Presentation
  - 21 PACC Graded Criteriums
  - 26 South Coast Cycling's SKINS City of Holdfast Bay Criterium Championships & Straight Line Sprints - Glenelg
  - 28 PACC Graded Criteriums
- Further details [www.sa.cycling.org.au](http://www.sa.cycling.org.au)

## ENTER NOW South Coast Cycling SKINS

### City of Holdfast Bay Cycling 2008 Championships

26 December

GLENELG 9am start

Entry Fees: Open \$25 Women \$20 + Open & Master licence Straight line Sprint Sprints \$5 OR Sprints only \$10 Junior fee \$15.

Late Entries Accepted with + 50% of entry fee  
No late entries accepted on day.

**Incorporates the Men's Cycling Championship, Women's Mayoral Trophy and Graded Criteriums for Seniors and Juniors + Straight Line Sprints for Senior Men Women and Masters**

Nomination closing date 16/12/2008

See Ken or Catherine for further details

## Senior 1 Lap Time Trial 5/12/2008

Chris Spence	38.930	Stu Clement	41.510	
Michael Young	39.810	Aaron Draxler	41.680	
Bryan McIntyre	39.518	David Knight	42.590	
Grant Moffitt	39.730	Gemma Kernich	43.730	
Peter Lechelt	40.020	Tony Brennand	44.600	
Dallas Zimmer	40.194	Peter Szegedi	39.613	
Paul King	40.300	John Lockwood	39.880	
Vicki / Felicity	Birks / Johnson	40.440	Heath Pillen	40.979
Rob Laing	40.737	Allan Yuill	42.097	
Luke Betros	39.310	Alex Bates	42.173	
Mark Gregory	39.898	Robyn Vast	44.710	
Ian Fromentin	40.350	Steve Buchanam	46.870	
Leigh Pridmane	40.514	Liz Jones	49.318	

## Masters & Veterans Series

The three race series is open to all Veteran and Cycling Australia licensed riders (Women over 30 and Men over 35).

### Race 1 Sunday 18 January 2009

Mt Barker - Graded Criterium  
Start 9:00am

### Race 2 Thursday 22 January 2009

Victor Harbor - Graded Scratch Road Race  
Start 9:30am

### Race 3 Saturday 24 January 2009

"The Range" - "Tom Trowbridge" Time Trial  
Start 9:00am

Entry Fee: \$25 per race; or \$60 for all three races (SA Vets & CA licensed Riders)

(Non SA Vets must purchase a \$20 race permit)

Entries close: 6:00pm Wednesday 31 December 2008

